

**Rag dolls can be made with any fabric and in many different ways.
Gather your special child, your materials, and give this easy no-sew rag doll a try.
In just 10 easy steps you will have your very own homemade rag doll!**

You need:

- Fabric for the body - any skin tone, soft fabric. Maybe an old "rag" shirt or baby blanket. Or take a trip to the fabric store and choose something new.
- Fabric scraps for clothes (If you want to dress your doll) also ribbons, strings, buttons, etc.
- Yarn for hair, any color
- Rubber bands
- One 12" ruler
- Fabric scissors
- Markers or needle and colored embroidery floss or glue-on eyes for the face
- Materials to make your rag doll's secret heart message

Make it!

- 1 - Measure and cut two squares of the skin tone fabric
one 26"x26" square for the head and body
one 12"x12" square for the arms
- 2 - Starting at one edge, roll up the head/body square. When rolled tightly, fold the roll in half on top of itself. Secure a rubber band about 2" down from the fold - around both layers - your doll now has a head!
- 3 - Secure another rubber band about 2" down from the first rubber band to make doll's belly.
- 4 - Secure a rubber band close to the bottom of each leg to make feet.
- 5 - Roll the smaller square tightly. Secure a rubber band at each end to make hands. Open the belly fold of doll just enough to slide the arm roll in place. Secure a rubber band at the waist.
- 6 - What secret heart message will your doll have? Will you draw it on the chest with markers, paint it on, cut one from fabric or paper and tie it on, hide it in the belly fold? Will it have words? You decide!
- 7 - If you want your doll to have hair, take your ruler and wrap yarn around it 20 times – starting at the number 0 on the front of your ruler down to number 12 and up the back of the ruler. Carefully slide the loops of yarn off your ruler. Hold one looped end of the yarn in your hand. Open the fold of your doll's head enough to put the yarn hair through and pull the yarn so it is even on each side. Secure a rubber band around all the hair close to the doll's head on top. Now give your doll any hairstyle you want! Keep it looped or cut the loops. Give it a ponytail, two pigtails or braids. Keep it long or give it a haircut!
- 8 - Make a face. You can draw the whole face with markers or glue on wiggle eyes. Maybe your grown-up can teach you some stitches with a needle and colored embroidery floss to make a face.
- 9 - Dress your doll any way you want with fabric scraps, ribbons, and decorations. Tie the clothes on or secure with rubber bands. Dressing options are limitless! Do what you like, anyway you like!
- 10 - Congratulations, you have your very own homemade rag doll! Now all it needs is love!